

We Share in Holy Communion

February 2, 2020

The Invitation to the Table

The Great Thanksgiving *(Seasons of the Spirit 2005, adapted)*
*(Please refer to **MV #203-205** for musical responses)*

God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God.

It is good to be thankful!

The heavens are telling your glory, O God.
Our hearts are in awe of your majesty and love.
We praise all the ways you express your wisdom:

in scientists, philosophers, and teachers;

We praise your creativity in dancers, musicians, and artists,

Your energy in farmers, fishers, labourers;

Your truth in prophets, courageous journalists, writers;

Your love in caregivers, in parents, in family;

Your humanity in Jesus Christ who lived among us:

among the poor and the oppressed,

in countryside and market streets,

in joy and in pain,

in suffering and hardship

in teaching and giving,

in compelling us to live as love,

and in calling us into true freedom.

So it is that we join the song of all creation
to proclaim your goodness:

Musical Response

MV # 203

O Holy, Holy, Holy God, O God of time and space.

All earth and sea and sky above bear witness to your grace.

Hosanna in the highest heav'n, creation sings your praise.

And blessed is the One who comes and bears your name always!

Blessing the Bread and the Cup

On the night before Jesus died, he sat at the table with his friends
sharing a simple meal. He took bread and gave thanks for it, broke
it and gave it to his friends saying,

**“Take, eat. This is my body, given for you. Whenever you eat
of it, remember me.”**

Jesus also took a cup and gave thanks for it; he gave it to his
friends saying,

**“Drink this cup. It is poured out for you as I have poured out
my heart for you. Whenever you drink of it, remember me.”**

God of heaven and earth, bless what we do here. Send your Holy
Spirit upon us and our world that we may live to see your love
and your way become our reality.

**We join the deep prayer that your kingdom come, your will
be done on earth. May we live recommitting our lives to true
freedom for all.**

Musical Response

MV # 204

Sing Christ has died and Christ is risen,

Christ will come again!

Sing Christ has died and Christ is risen,

Christ will come again!

Prayer for Transformation

Your Spirit pours through these gifts of the earth, tended by human
hands. Through this bread and this cup, may we join in union with
Christ and become his love and light in this world.

Musical Response

MV # 205

Amen, Amen, O Holy One! Hosanna and Amen!

Amen, Amen, O Holy One, Hosanna and Amen!

Sharing in Communion

All are welcome. Please come forward as able to partake.