



# Riverbend United Church Announcements

March 6<sup>th</sup> to 15<sup>th</sup>, 2020



Friday, March 6 <sup>th</sup>	8:30 am 10:00 am & 4:00 pm 7:00 pm 7:30 pm	E2 Academy (Boardroom & Meeting room) <b>WeCan Food Basket order placement (Library)</b> Ghana Methodist Church (Chapel) Edmonton Chinese Dance (Lower level)
Saturday, March 7 <sup>th</sup>	1:00 pm 7:00 pm	MacGregor Tutoring (Meeting room) Ghana Methodist Church (Chapel)
<b>Sunday, March 8<sup>th</sup></b>	<b>10:30 am</b> 11:45 am 12:30 pm	<b>Worship Service (Sanctuary)</b> <b>Communications Committee (Boardroom)</b> Ghana Methodist Church (Sanctuary)
Monday, March 9 <sup>th</sup>	8:30 am 9:00 am 9:00 am 5:30 pm 6:30 pm 6:30 pm 7:00 pm 7:15 pm	E2 Academy (Boardroom & Meeting room) Southside Duplicate Bridge (Lower level hall) Occupational Therapist (Family room) Discover Coding (Boardroom) Girl Guides (Lower level hall) Handbell Choir rehearsal (Sanctuary) Adult Literacy Club (Meeting room) Finance Committee (Boardroom)
Tuesday, March 10 <sup>th</sup>	8:30 am 10:30 am 1:00 pm 1:00 pm 1:30 pm 4:30 pm 7:00 pm	E2 Academy (Boardroom & Meeting room) Grief Support Group (Chapel) Restorative Yoga (Lower level hall) Women of Riverbend United Reflective Crafting (Chapel) Elite Kids Dance (Lower level hall) Official Board Meeting (Boardroom)
Wednesday, March 11 <sup>th</sup>	8:30 am 9:00 am 10:30 am 4:00 pm 4:30 pm 7:00 pm 7:00 pm	E2 Academy (Boardroom & Meeting room) Wednesday Walkers (Gathering area) Staff Meeting MacGregor Tutoring (Meeting room) Elite Kids Dance (Lower level hall) Pathfinders (Boardroom) Lenten Book Study (Chapel)
Thursday, March 12 <sup>th</sup>	8:30 am 4:00 pm 7:30 pm	E2 Academy (Boardroom & Meeting room) MacGregor Tutoring (Meeting room) Choir rehearsal (Sanctuary)
Friday, March 13 <sup>th</sup>	8:30 am 7:00 pm 7:30 pm	E2 Academy (Boardroom & Meeting room) Ghana Methodist Church (Chapel) Edmonton Chinese Dance (Lower level)
Saturday, March 14 <sup>th</sup>	11:00 am 1:00 pm 6:30 pm	Riverbend Art Group (Lower level hall) MacGregor Tutoring (Meeting room) Celtic Evening (Sanctuary & lower level hall)
<b>Sunday, March 15<sup>th</sup></b>	<b>10:30 am</b> 12:00 noon 12:30 pm	<b>Worship Service (Sanctuary)</b> <b>Young Families Luncheon (Lower level hall)</b> Ghana Methodist Church (Sanctuary)

**Riverbend United Church**  
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## Save the Date(s)!

- ◆ Don't forget daylight savings time begins Sunday, **March 8th**, move your clocks ahead one hour!
- ◆ Saturday, **March 14<sup>th</sup>**  
Celtic evening
- ◆ Sunday, **March 15<sup>th</sup>**  
Young Families Luncheon



## Riverbend United Church

**Celtic Evening** join us for a Celtic evening on Saturday, **March 14th**. Come and enjoy a whiskey tasting at 6:30 p.m., a Celtic concert at 7:30 p.m. and an amazing dessert buffet at 8:30 p.m. Full evening tickets are \$25.00; concert & dessert buffet only tickets are \$10.00. Tickets are available following Sunday services or in the office.

**Young Families Luncheon** Next Sunday, **March 15<sup>th</sup>** our Young Families will be joining for lunch after worship, followed by activities for the children and youth while the parents gather with Valerie. Please either sign up in the church office or email or call the office with the number of adults, youth, and children who will be participating so we can plan lunch. Thanks!

**Grief Support** Join Valerie and others in a small group journey through the wilderness of grief during Lent. We will meet on **Tuesdays** at 10:30 a.m. for 5 weeks, until March 31st. Loss comes to us in different ways. We will give space for the different forms of grief in a supportive and positive environment.

**RUC Lenten Study** *The Naked Now* by Fr. Richard Rohr, held **Wednesdays** at 7:00 p.m., continues until April 1st in the Chapel. Rohr is the founder of the Center for Action and Contemplation and a global leader in spiritual awakening. This book explores how to let our ego come to rest and how to enhance our spiritual awareness without sacrificing reason. Dr. Doug Spaner and Rev. Valerie Oden are facilitating this 5-week journey.

**Outreach Committee initiatives** Improved literacy skills markedly increase the chance of a child eventually being a happy, successful adult. We are collecting new or gently used books for children of all ages (infants to teens) to donate to inner city families. There is a marked bin in the narthex where you can leave books. We will deliver the books as they accumulate. If you have questions, please contact Joan Robinson at 780.988.9325 or email her at [jr3@ualberta.ca](mailto:jr3@ualberta.ca).

**Worship feedback** One of the responsibilities of the Spiritual Formation Committee is to review worship; providing feedback and assistance to Valerie. To help us with this task a new email account has been set up so you can share your thoughts about a particular worship service, worship series, or any ideas on what you would like to see within worship. The email address is [worshipfeedback@riverbendunited.org](mailto:worshipfeedback@riverbendunited.org). Valerie and the committee are always very happy to discuss any aspect of worship in person, this is simply another tool.

**Daylight Savings Time** begins Sunday, March 8th!! Don't forget to move your clocks forward one hour.

## Our broader community

**TAX TIME** Riverbend United Church is partnering with E4C to help low-income families get their taxes done. Volunteers are needed to greet and help families with their taxes. Your help is needed on March 27, 28 and April 24 and 25. For more information, please contact Sharon, [bgrocksone@live.com](mailto:bgrocksone@live.com) or call her at 780.884.0570.

**Retreat: The Art of Creating More Time for What We Love** This 4 day retreat offers an opportunity to explore numerous themes through creative processes, and to experience some blocks of free time, living from a perspective of "Time Prosperity." The retreat will be held **March 12 to 15**, 2020, at Knox United Church, Killam AB (4930 49 Street). Registration deadline is **February 1st**. Cost will be \$150 to \$200. For further information, call 780.385.3955, or email [united.dkr@gmail.com](mailto:united.dkr@gmail.com).

**Irish Pub Night - Come eat, drink, sing and be Irish!** Join Spirit West United Church (7003 - 199 Street NW), for a wee little celebration of St. Patrick's Day and all things Irish on Saturday, **March 14th**. Wear your green, enjoy some stew and mash, sip on a pint and join in the malarkey. Doors and cash bar open at 5:30 p.m.; dinner at 7:00 and music and singing to follow: Adult tickets \$20.00, children 4 to 12 \$10.00; 3 and under free. Only 80 tickets will be sold and must be purchased in advance through the church office by calling 780.481.1406 or emailing [spiritw@telus.net](mailto:spiritw@telus.net).

**Strawberry Tea** at Grace United Church (6215 - 104 Avenue NW), on Sunday, **March 29th** at 2:30 p.m. Encourage spring's arrival by enjoying tea, strawberry treats, and fellowship. Adults \$6.00, children \$4.00. Everyone is welcome!

**Women of the United Church** (Northern Spirit & Chinook Winds Regions) **58th Annual Gathering** from April 30th to May 2nd, 2020 at the FCJ Retreat & Conference Centre (219 - 19th Avenue SW, Calgary). The meeting will include a speaker from the United Church national office, music by Dave and Barbara-Lynn Goodwin, fellowship and worship. All women of the United Church are welcome. Registration deadline is **March 20th**. For more information call Adrine Giles at 403.823.6135 or email her at [adrine@telus.net](mailto:adrine@telus.net).