



Sunday, February 5th

Join us for worship on **Sunday, February 5th** at 10:30 a.m. or [click here](#) to join us on YouTube for a live-streamed service. The service can also be viewed anytime later during the week.

Message from Valerie

February 3, 2023

Salt. It's everywhere in our food, in the waters of the oceans, in our bodies. In this Sunday's [gospel reading](#), Jesus tells us we are the salt of the earth and not to lose our saltiness. He goes on to tell us we are the light of the world and not to hide our light. What do you think he's saying? We usually focus on not hiding our light. But what about our salt?

I'd love to hear your thoughts on this. You can email them to me at: valerie@riverbendunited.org. Thanks!

Peace friends,

Valerie

In our prayers, we remember these RUC members:

- We uphold Georgianna McDavid and family on the passing of Doug McDavid on Tuesday. We will celebrate Doug's life on Wednesday, **February 22** at 1:00 pm at the church.
- We remember Bette Woodhead, who died last Saturday evening. Bette was a long time member of RUC and co-founder of the Wednesday Walkers group, one of the longest running ministries of the church.
- Please keep Curt and Carrie Svendson in your prayers as Curt recovers at home from a long hospital stay.
- We continue to remember Paul Fung who has been in the University of Alberta hospital and is undergoing open-heart surgery today, Friday. We also remember his wife, Janet and their family in these difficult days.

ANNOUNCEMENTS

- **Somewhat Sacrilegious Sacramental Sock Toss** RUC Outreach is organizing a drive for new socks for adults and children living in the inner city. Please bring lots of socks to "Sock it to Me" on Sunday, **February 12** or **February 19**. It will be entertaining.
- Click [here](#) for this week's Bulletin
- Click [here](#) for this week's Announcements
- Click [here](#) for the winter edition of **The Front Pew**, our quarterly newsletter.