

Preparation for the Completion Workshop

Welcome to the Completion Workshop on Personal Directives and Enduring Powers of Attorney. **The following information and questions will help you come prepared.**

These two documents give you protection in the event you may at some time be unable to speak for yourself. We all are vulnerable to incidents, accidents and illnesses that could put us into this situation, in the short term or longer.

Completing your Personal Directive and Enduring Power of Attorney (EPA) is your official declaration of your wishes and preferences so that these will be honoured, should the need arise.

In a **Personal Directive**, you appoint an Agent - or two, in case the first person cannot serve – to speak for you about your personal care, when you can't.

You can be specific about certain things. For example, do you wish to have any part of your body donated? Organ donors are sought for those whose organs are failing them. It is your personal choice. You can specify that you **want or do not want your organs harvested**. You're not a bad person or irresponsible if you decide not to authorize this. There is no right or wrong choice. Another example of specific care instructions you can have in your Personal Directive is **being put on a ventilator**. If you do not want that to happen, you can say so in your Personal Directive.

The **Enduring Power of Attorney** is a legal document that you sign to give one person, or more than one person, the authority to manage your money and property on your behalf.

Please carefully consider your wishes and answer the questions on the next page.

We will go more deeply into these questions in the workshop but do please come as prepared as possible. We look forward to seeing you there.

Barbara Ashley Phillips

Commissioner of Oaths



It is important to confirm with the individuals you wish to appoint before the Completion Workshop. They should be people who can easily and quickly be contacted when needed.

Personal Directive

1. Who might you want to serve as your Agent(s)? Who do you know that you would entrust to instruct the health care system on what kind of care you want – or don't want?

Consider whether you would like one person to have authority to speak for you in all personal matters or just in one or more special areas of your personal life. Since it is easy to let your agent know your desires in the present, most people give their agents authority over all aspects of their personal affairs.

Name:	Phone number:
Address:	
Email:	

Name:	Phone number:
Address:	
Email:	

Enduring Power of Attorney

2. Who do you wish to appoint to take care of your financial matters? It may be more than one person.

Name:	Phone number:
Address:	
Email:	

Please note this is not an official document but is for informational purposes only.