



October 27 to November 5, 2023

Friday October 27	8:30 a.m. 7:00 p.m. 8:00 p.m.	E2 Academy (Boardroom and Meeting Room) RUC Youth Group (McDougall United) Rehearsal (Sanctuary)
Saturday October 28	10:00 a.m. 10:00 a.m. 12:00 noon 2:00 p.m. 3:00 p.m.	Ghana Methodist Church (Sanctuary) Private rental (Lower level hall) Rehearsal (Lower level hall & Sanctuary) Private rental (Lower level hall) Rehearsal (Sanctuary)
Sunday October 29	10:30 a.m. 12:30 p.m. 3:00 p.m. 4:00 p.m.	RUC Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family group (Boardroom) Private rental (Sanctuary)
Monday October 30	8:30 a.m. 6:00 p.m. 7:00 p.m.	E2 Academy (Boardroom and Meeting Room) Girl Guides (Lower level hall) RUC Handbell rehearsal (Sanctuary)
Hallowe'en, Tuesday October 31	10:00 a.m. 2:30 p.m. 4:30 p.m.	Transitions Group (Chapel) Reflective crafting (Chapel) Elite Dance Studio (Lower level hall)
Wednesday November 1	8:30 a.m. 10:00 a.m. 3:30 p.m. 5:00 p.m.	E2 Academy (Boardroom and Meeting Room) Wednesday Walkers (Chapel) Private rental (Sanctuary) Elite Dance Studio (Lower level hall)
Thursday November 2	8:30 a.m. 6:00 p.m. 7:30 p.m.	E2 Academy (Boardroom and Meeting Room) Wellness Junkies (Lower level hall) RUC Choir rehearsal
Friday November 3	8:30 a.m. 6:00 p.m.	E2 Academy (Boardroom and Meeting Room) Marv Severson Rehearsal (Sanctuary)
Saturday November 4	10:00 a.m. 10:00 a.m. 7:00 p.m.	RUC Men's Walking Group Ghana Methodist Church (Sanctuary) Marvelous Music Concert (Sanctuary)
Sunday November 5	10:30 a.m. 12:30 p.m. 3:00 p.m. 2:30 p.m. 3:30 p.m.	RUC Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family group (Boardroom) Private rental (Lower level hall) Ghana Methodist Church (Lower level hall)

Riverbend United Church
14907— 45 Avenue NW
Edmonton, Alberta
T6H 5K8

Email:
contactus@riverbendunited.org

Website: www.riverbendunited.org

Twitter: [@riverbendunited](https://twitter.com/riverbendunited)



Facebook:

www.facebook.com/riverbendunited



Have questions about the church?
Look for people with the red "Ask Me" stickers on their Name tags.

Save the Date!



An evening of
Marvelous Music
Saturday,
November 4th
at 7:00 p.m.

Riverbend United Church ~ News & events

RUC Men's Coffee, Conversation & Walking group Dennis Nolan has offered to start a men's walking group to enjoy a walk and conversation over coffee or tea. He says: "The women get together, so why not the men?" The first outing will be Saturday, **November 4th** at 10:00 a.m. The plan is to walk to McDonald's at Riverbend Square, about a 30 minute walk, just over 2 km. each way, at a moderate speed. For those who can't walk this far or fast, they could meet us at the cafe at 10:30 a.m. For more information contact the office by email at contactus@riverbendunited.org or leave a message for Dennis at the office at 780.430.7275. Please consider joining this group for fellowship & health.

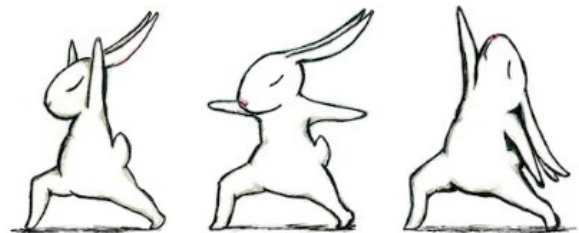


Another Evening of Marvelous Music Saturday, **November 4**, at 7:00 p.m. join us for an evening of your favourite pop and rock songs from the 60s, 70s, and beyond. Hosted by Marv Severson, the music will be performed by 15 members of Riverbend United Church and will include a string sextet! We will be performing songs by the Beatles, Aretha Franklin, Neil Diamond, Gordon Lightfoot, Coldplay, and many others! There is no charge, but it is a church fundraiser, so donations are welcome and appreciated. Hope to see you there!

Harvest Feast at Stony Plain United Church on Friday, **October 27th** at 5:00 p.m. Come to enjoy a perogy and sausage dinner along with other delicacies at 5012 51 Avenue, Stony Plain. Tickets are \$25.00 for adults, \$10.00 for 6 to 12 years and under 6 is free. Part of the dinner proceeds will be donated to the Ukraine Relief Fund. For more information please email stonyuc@telus.net.

Jazz and Reflections Sunday, **October 29** from 3:30 to 5:00 p.m. Everyone is welcome to enjoy an afternoon of music, spiritual reflection and refreshments at no cost at Spirit of Hope United Church (7909 82 Avenue NW, Edmonton). Donations will be accepted to cover musicians' fees and other expenses. Refreshments will be served.

"Love your Neighbour" Messy Church Friday, **November 3rd** from 5:00 to 7:00 p.m. at Grace United Church (6215—104 Avenue NW, Edmonton). Join in a multigenerational exploration of "Love your Neighbour" with crafts, celebration, laughter and food! Contact Grace United Church at grace.united@shaw.ca or at 780.466.0916. Last minute decision? Please come too. Event is free.



Yoga classes resume January 2024 It's taken some time, but we are finally able to confirm the resumption of Restorative Yoga classes led by Susan Brooks beginning Wednesday, **January 10th** at 11:00 a.m. The classes will run for 8 weeks and cost will be approximately \$12.00 per class depending on the number of registrants. This is a very gentle "every bunny" will be able to join in the class. Please call the office at 780.430.7275 to confirm your attendance.