



January 26 to February 4, 2024



Friday January 26	8:30 a.m. 6:00 p.m. 9:00 p.m.	E2 Academy (Boardroom & Meeting room) Memorial luncheon set-up (Lower level hall) Ghana Methodist Church (Sanctuary)
Saturday January 27	11:00 a.m. 7:00 p.m.	Frank Graves Memorial service (Sanctuary) RUC Youth (Skating at Victoria Park)
Sunday, January 28	10:30 a.m. 11:30 a.m. 3:00 p.m.	RUC Worship Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday January 29	8:30 a.m. 5:45 p.m. 7:00 p.m.	E2 Academy (Boardroom & Meeting room) 32nd Girl Guides (Lower hall) Handbell Choir rehearsal (Sanctuary)
Tuesday January 30	8:30 a.m. 10:00 a.m. 2:00 p.m. 4:30 p.m.	E2 Academy (Boardroom & Meeting room) Transitions Group (Chapel) Reflective Crafting (Chapel) Elite Dance (Lower level hall)
Wednesday January 31	8:30 a.m. 10:00 a.m. 11:00 a.m. 3:30 p.m. 5:00 p.m.	E2 Academy (Boardroom & Meeting room) Wednesday Walkers (Chapel) Restorative Yoga (Lower level hall) Private rental (Sanctuary) Elite Dance (Lower level hall)
Thursday February 1	8:30 a.m. 5:00 p.m. 6:00 p.m. 7:30 p.m.	E2 Academy (Boardroom & Meeting room) Karate class (Lower level hall) Wellness Junkies (Lower level hall) RUC Choir rehearsal
Friday February 2	8:30 a.m. 9:00 a.m. 9:00 p.m.	E2 Academy (Boardroom & Meeting room) Private booking (Kitchen) Ghana Methodist Church (Sanctuary)
Saturday February 3	10:00 a.m. 10:00 a.m. 10:00 a.m.	Men's Walking Group (Chapel) Private booking (Lower level hall) Ghana Methodist Church (Sanctuary)
Sunday, February 4	10:30 a.m. 11:30 a.m. 3:00 p.m.	RUC Worship Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

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Have questions about the church?
Look for people with the red "Ask Me" stickers on their Name tags.

Save the date

- Shrove Tuesday, February 13
5:30 p.m. **Pancake dinner**
6:30 p.m. **Worship service**
- Ash Wednesday, February 14
 - Palm Sunday, March 24
 - Good Friday, March 29
 - Easter Sunday, March 31

Riverbend United Church ~ News & events

Men's Walking Group The next meeting of the men's Coffee and Walking group will be on Saturday, **January 27th** at 10:00 a.m. at McDonalds in Riverbend Square. We will start with coffee and conversation, and end with an optional walk. Beginning Saturday, **February 3rd** we will be meeting in the Chapel at Riverbend United Church. To add your name to the mailing list for the men's group events, please contact the church office.



Somewhat Sacrilegious Sacramental Sock Toss

The Outreach Committee is again having a drive for new socks for adults and children. Please practice your hook shots, lay-ups, and dunks and bring lots of pairs of warm, **new** socks to church to toss **February 11** or **February 18**. If you cannot be there, please drop socks off when the church office is open or call 780.430.7275 and someone from the committee will happily pick them up. All socks will be taken to The Mustard Seed who will ensure that they get to needy people living in the inner city.

Pancakes and Ashes Please save the date for Tuesday, **February 13th**, for Pancakes and Ashes. Join us for a Pancake Dinner at 5:30 p.m. and a 6:30 worship service in preparation for Lent. The RUC Board meeting will follow at 7:00 p.m. More details to follow shortly.

Can you help the Count Team? We are looking for people to share 30 to 45 minutes of their time directly after Sunday's worship. This role

(Observer) involves observing the individual (Counter) who is recording donations received throughout the cash handling process. Our goal is to add 6 to 8 observers to the team so that your assistance would be requested only every second month. If you are willing to share 45 minutes of your time once every two months, you will be providing an important stewardship service — that of ensuring donations are handled responsibly. Please contact the office for more information.

Care Team Are you interested in joining the care team? Our plan is to reactivate the team to meet the needs of our congregation. This will include making phone calls and/or visits. Please contact Valerie or Holly for further information or with any questions you may have. You can also email Holly at carecoordinator@riverbendunited.org.

The Front Pew—Winter 2023 edition is available online [here](#). A few printed copies are also available in the Narthex. Don't forget the deadline for the Spring edition of The Front Pew is Friday, February 2nd. If you have an article to contribute please send it to the Church office and it will be forwarded on the Front Pew editors.



Valentine's Tea and Vendor Market on **February 10**, from 11:00 a.m. to 4:00 p.m. at Spirit of Hope United Church (7909 — 82 Avenue NW, Edmonton). Enjoy browsing great products from local vendors. Stay for tea and goodies with your friends. Everyone is welcome! No admission cost.