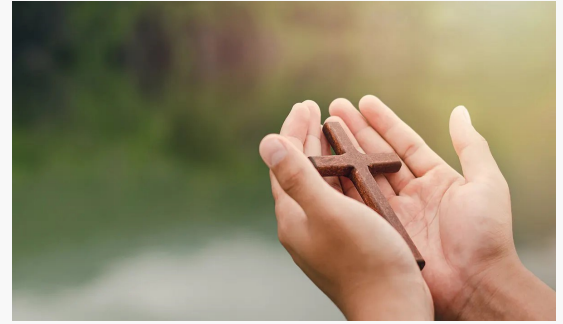





March 15 to 24, 2024



Friday March 15	9:00 a.m. 9:00 p.m.	E2 Academy (Boardroom & Meeting room) Ghana Methodist Church (Sanctuary)
Saturday March 16	10:00 a.m. 10:00 a.m.	RUC Men's Walking Group (Chapel) Ghana Methodist Church (Sanctuary)
Sunday, March 17	 9:30 a.m. 10:30 a.m. 11:30 a.m. 3:00 p.m.	RUC Lenten Book Study (Chapel) RUC Worship Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday March 18	8:30 a.m. 11:00 a.m. 5:45 p.m. 7:00 p.m.	E2 Academy (Boardroom & Meeting room) Canadian Federation of University Women (Lower hall & kitchen) 32nd Girl Guides (Lower hall) Handbell Choir rehearsal (Sanctuary)
Tuesday March 19	8:30 a.m. 10:00 a.m. 2:00 p.m. 4:30 p.m.	E2 Academy (Boardroom & Meeting room) Transitions Group (Gathering area) Reflective Crafting (Chapel) Elite Dance (Lower level hall)
Wednesday March 20	8:30 a.m. 10:00 a.m. 11:00 a.m. 3:30 p.m. 5:00 p.m.	E2 Academy (Boardroom & Meeting room) Wednesday Walkers (Chapel) Restorative Yoga (Lower level hall) Private rental (Sanctuary) Elite Dance (Lower level hall)
Thursday March 21	8:30 a.m. 6:00 p.m. 7:30 p.m.	E2 Academy (Boardroom & Meeting room) Wellness Junkies (Lower level hall) RUC Choir rehearsal
Friday March 22	8:30 a.m. 9:00 a.m. 9:00 p.m.	E2 Academy (Boardroom & Meeting room) WeCan Food Basket Society (Narthex) Ghana Methodist Church (Sanctuary)
Saturday March 23	10:00 a.m. 10:00 a.m. 5:00 p.m.	RUC Men's Walking Group (Chapel) Ghana Methodist Church (Sanctuary) Private rental (Lower level hall & kitchen)
Palm Sunday, March 24	9:30 a.m. 10:30 a.m. 11:30 a.m. 3:00 p.m.	RUC Lenten Book Study (Chapel) RUC Worship Service (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

Riverbend United Church
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Edmonton, Alberta
T6H 5K8

Email:
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Website: www.riverbendunited.org

Twitter:
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Facebook:
www.facebook.com/riverbendunited



Have questions about
the church?

Look for people with
the red "Ask Me"
stickers on their
Name tags.

Save the date

- Good Friday, March 29
10:30 a.m. service
- Easter Sunday, March 31
10:30 a.m. service

Riverbend United Church ~ News & events

Men's Walking Group The Men's Coffee and Walking group meets again this Saturday, **March 16th**. To add your name to the email list for the men's group events, please contact the Church office.

2024 Church Directory We are updating our Church Directory and would like to include your current contact information to share with other members of the Congregation. If you and/or your family would like to be included please fill out one of the cards in the Church or [click here](#) to submit a form to return to the office. Everyone who shares their contact information will receive a printed copy of the directory. The Directory will not include pictures and will not be posted online. The last day for submission of your information will be Easter Sunday, March 31st.

Riverbend United Church Handbell Choir Looking to add some jingle-jangle to your life? Come and join the Riverbend United Handbell Choir. If you know nothing about ringing, now is a great time to join as more than half of us are new or nearly new to handbells. We practice on Monday evenings, 7:00 – 8:30 p.m., from the beginning of September until the end of April. Interested? Contact Fiona at foddle@shaw.ca.

Riverbend United Church Care Team Join us in welcoming members of the newly formed Riverbend United Church Care team:

- Holly Ruryk, Care Coordinator
- Jamie Bain
- Sheila Basford
- Judy Brotto
- Sandy LaPointe
- Georgianna McDavid
- Maureen Miller
- Mary Neden
- Janet Pattison
- Daina Sparling



Care Team members will have a heart symbol on their name tags to easily identify them. Members of the Care team will make phone calls or visits, send cards and generally assist with care and keeping in touch with members of the Congregation as needed.

RUC Scam reminder It's that time of year when someone may try to "scam" you using Valerie or the Church's phone number, email, and name, either through text or email in very convincing ways. Don't fall for it. No one from the Church will ever ask you for money in this way. In addition, there are many other scams coming by text, email or phone from:

- Amazon i.e. "An i-phone was ordered on your account ..."
- Government of Canada "Your climate change check can't be deposited ..."
- Canada Revenue Agency "Your tax refund can't be deposited ..."
- UPS or USPS "Your package arrived at the warehouse but can't be delivered because of an incorrect address ..."
- Your bank "We think we've detected a security breach in your account; click here..."
- Someone pretending to be a grandchild needing help

NEVER click a link from an unknown source. Never give information over the phone. If you receive a phone call, text, or email from a company or bank or agency, hang up and call the company yourself.

Outdoor Way of the Cross on Good Friday, **March 29th** at 10:00 a.m. at 99 Street and 107 Avenue NW. The 44th annual Outdoor Way of the Cross invites people to think about the relevance and importance of the Gospel message in our world today. This year's theme, "Journeying Home," is based on Isaiah 58:6-7: "*Is not this the fast that I choose. . .to share your bread with the hungry and bring the homeless into your house.*" The walk will once again take place in person, along the streets of Edmonton's inner city. It will include six stations, and each station will offer a reflection on an aspect of the overall theme that highlights both a challenge and a source of hope, woven together with music. People of all faith traditions are welcome. The 1.5-kilometre walk is reasonable for most ages and levels of fitness and ability. Free street parking is available near the start location. Light refreshments will be provided at Hope Mission (106 Avenue and 99 Street) after the final station. For more information, contact Marguerite Watson at marguerite.watson@telus.net or visit the Way of the Cross [website here](#).