# Riverbend United Church

Exploring Faith, Engaging Community

## June 14 to June 23, 2024

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| Friday<br>June 14 | 8:30 a.m.<br>5:00 p.m. | E2 Academy (Boardroom & Meeting room)<br>Bissell lunch preparation (Boardroom) |
| Saturday<br>June 15 | 9:00 a.m.<br>10:00 a.m.<br>10:00 a.m.<br>11:00 a.m.<br>11:00 a.m.<br>1:30 p.m. | MacGregor Tutoring (Meeting Room)<br>**RUC Men's Walking Group (Chapel)**<br>Ghana Methodist Church (Sanctuary)<br>**Landscape Painting (Boardroom)**<br>Private Booking (Lower Hall and Kitchen)<br>Bissell Lunch Preparation (Boardroom) |
| Sunday<br>June 16 | 9:30 p.m.<br>10:30 a.m.<br>1:00 p.m.<br>3:00 p.m. | **RUC Book Study (Chapel)**<br>**RUC Worship Service (Sanctuary)**<br>Ghana Methodist Church (Sanctuary)<br>Al-Anon Family Group (Boardroom) |
| Monday,<br>June 17 | 8:30 a.m. | E2 Academy (Boardroom & Meeting room) |
| Tuesday<br>June 18 | 8:30 a.m.<br>10:00 a.m.<br>2:00 p.m.<br>4:30 p.m. | E2 Academy (Boardroom & Meeting room)<br>**Transitions Group (Gathering area)**<br>**Reflective Crafting (Chapel)**<br>Elite Dance (Lower level hall) |
| Wednesday<br>June 19 | 8:30 a.m.<br>10:00 a.m.<br>2:30 p.m.<br>4:30 p.m. | E2 Academy (Boardroom & Meeting room)<br>**Wednesday Walkers (Chapel)**<br>Private rental (Sanctuary)<br>Elite Dance (Lower level hall) |
| Thursday<br>June 20 | 8:30 a.m.<br>7:30 p.m. | E2 Academy (Boardroom & Meeting room)<br>**RUC Choir rehearsal** |
| Friday<br>June 21 | 8:30 a.m.<br>9:00 a.m.<br>9:00 p.m. | E2 Academy (Boardroom & Meeting room)<br>**WeCan Food Basket pickup (Narthex)**<br>Ghana Methodist Church (Sanctuary) |
| Saturday<br>June 22 | 9:00 a.m.<br>10:00 a.m.<br>10:00 a.m.<br>11:00 a.m.<br>5:00 p.m. | Turkey Team (Lower Hall and Kitchen)<br>**RUC Men's Walking Group (Chapel)**<br>Ghana Methodist Church (Sanctuary)<br>**Landscape Painting (Boardroom)**<br>**Community dinner & drumming (Parking lot)** |
| Sunday<br>June 23 | 9:30 p.m.<br>10:30 a.m.<br>1:00 p.m.<br>3:00 p.m.<br>5:00 p.m. | **RUC Care Team meeting (Chapel)**<br>**RUC Worship Service (Sanctuary)**<br>Ghana Methodist Church (Sanctuary)<br>Al-Anon Family Group (Boardroom)<br>Private Booking (Sanctuary) |


**Riverbend United Church**
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**Email:** contactus@riverbendunited.org

**Website:** www.riverbendunited.org

**Twitter:** @riverbendunited

**Facebook:** www.facebook.com/riverbendunited

Have questions about the church?
Look for people with the red "Ask Me" stickers on their Name tags.

## Save the date

**Community dinner & drumming at Riverbend United Church**

5:00 p.m.
Saturday, June 22nd

# Riverbend United Church ~ News & events

**RUC Community Garden - Watch this space!** We have planted the two 4x8 ft raised beds outside the church and have learned some things in the last few years – plant what you have on hand, plant what will grow happily in your soil, and grow what people want to eat. The produce (assuming we get some) is free to everyone and we hope to provide some fresh vegetables to Brander Garden ROCKS. Our usual menu consists of carrots, potatoes, beets, tomatoes as these are productive and easy to grow, and whatever else we can find. If anyone would like to help with weeding or watering (the hose is right next to the planters), please let us know. And if anyone has onion sets, spare seedlings or compost, we can find a place for them! Questions? Contact Fiona or Steve Bamforth at foddle@shaw.ca.

**RUC Maintenance** We have been successful in recruiting a few volunteers for the church maintenance team. Welcome to Marv Severson, Arnold Rumbolt and Tom Sawyer. Their addition to the team is much appreciated and their involvement will help to ensure that the church facility is kept well maintained. More volunteers are always welcome!

**AdaptAbilities: Hearts in Action Summer Camp**

This summer, Spirit of Hope United Church is pleased to offer space to AdaptAbilites to run its summer camp program. AdaptAbilities is a non-profit organization that creates possibilities for individuals with diverse abilities (invisible and visible) and their families by delivering essential programs. The summer Camp called "Hearts in Action" provides an engaging and welcoming environment through centre days (filled with crafts days, group games and more) at 7909 82nd Avenue NW and field trips throughout the city. Learn more about Hearts in Action and how to register at https://adaptabilities.ca/our-services/summer-camps/

**Dinner and Drumming: A Community Party in the Parking lot** on Saturday **June 22nd**, 5:00 p.m. Entertainment to start, dinner to follow; come dressed for the great outdoors! Join us in a delicious cultural supper, along with time to visit over some live Afro Caribbean music. Our own Dr. Ayanna Rocke and her husband Jay Smulski are in a steel drum group and we look forward to grooving to some lively tunes shared by a few members of their group, along with an opportunity to learn how these melodic drums work. Our community guests are from 'Riverbend ROCKS'. Our goal is to have many of our RUC members join us in hosting our Riverbend ROCKS guests. We will mix and mingle, enjoy some great live music and dine on a great meal. We anticipate a grand intergenerational event outdoors and encourage all ages to attend. The turkey team will provide the food and labour but we need you to be our hosts for the evening as we welcome the newcomers to our church home. Tickets are $20/person or $60/family; children 12 and under are free. You can purchase tickets after church or by contacting the office at 780.430.7275. Our Riverbend ROCKS guests will attend at no charge, but if you would like to help cover some expenses, feel free to buy a ticket for a community friend.

**Discover Coding Summer Camps** "Learn. Code. Create." at Riverbend United Church this summer. Discover computer coding for Minecraft, Roblox, Robotics, Python, Graphic and Web Design and others. There is a 15% discount for Church families. Please check out this flyer for detailed information on dates & registration.