Riverbend United Church
Exploring Faith, Engaging Community

September 26 to October 05, 2025

Friday September 26	9:00 a.m. 7:00 p.m.	Made by Maud (Kitchen) **RUC Youth event** (Lower level hall)
Saturday September 27	9:00 a.m. 10:00 a.m.	Cantilon Choir (Sanctuary) **Men's Discussion Group** (Chapel)
Sunday September 28	10:30 a.m. 11:30 a.m. 12:30 p.m. 3:00 p.m.	**RUC Worship** (Sanctuary) **Young Family Event** (Lower level hall) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday September 29	6:00 p.m. 6:30 p.m.	Karate class (Lower level hall) **RUC Handbell Choir** (Sanctuary)
Tuesday September 30	11:00 a.m. 2:00 p.m. 2:00 p.m. 5:00 p.m. 6:30 p.m.	**Transitions Group** (Gathering area) **Reflective Crafting** (Chapel) E2 Academy (Kitchen) Elite Dance (Lower level hall) All Points West Choir Rehearsal (Sanctuary)
Wednesday October 01	10:00 a.m. 11:00 a.m. 5:00 p.m. 7:00 p.m.	**Walkers & Talkers** (Gathering area) **Restorative Yoga** (Lower level hall) Elite Dance (Lower level hall) **Ministry & Personnel Meeting** (Chapel)
Thursday October 02	7:30 p.m.	**RUC Choir Rehearsal** (Sanctuary)
Friday October 03		
Saturday October 04	10:00 a.m. 10:00 a.m.	Ghana Methodist Rehearsal (Sanctuary) **Men's Discussion Group** (Chapel)
Sunday October 05	9:30 a.m. 10:30 a.m. 11:30 a.m. 12:30 p.m. 3:00 p.m.	**RUC Book Study** (Chapel) **RUC Worship** (RUC Sanctuary) **RU in Action** (Lower level hall) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

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Have questions about the church? Look for people with the red "Ask Me" stickers on their Name tags.

Riverbend United Church ~ News & events

RU in Action - Sunday October 5, 11:30am
Join our 7th **RU in Action -** an extended coffee time after the service to share the wide variety of activities and involvement opportunities at RUC. And to sweeten the pot, this will also be a Muffin Sunday! Committees, teams, musical groups and other activities have been invited.
Each group can represent themselves as they choose with a display, photos, sign-up, or handouts they might like to share. Please stay for a coffee, muffin and a visit while you explore all that RUC has to offer. Questions? See Christine Ens or contact the office.

Muffins needed for Muffin Sunday RU in Action will be held on **October 5th** - this is a post-church social time where groups and committees will promote their activities. If you are willing to share one or two dozen muffins for this day please inform the office or Christine Ens. Thank you in advance!

Fall Book Study *Living Buddha, Living Christ* by Thich Nhat Hanh on Sunday mornings at 9:30 a.m. from **October 5** to November 2. Join us for lively discussion using this classic book of wisdom for our springboard. You're welcome to come even if you aren't reading the book. Books are available in the church office for $25.00.

Young Family Event Calling all young families! Join us after worship on **September 28** for a gathering of children, youth and adults. We'll share in a simple lunch together, then the children and youth will have activities with Alec and Nathan while the parents meet with Valerie and get to know each other. This event will run 11:45 - 1:15. Call the church office: 780-430-7375 or email valerie@riverbendunited.org if you are coming and haven't sent your RSVP.

Handbell Choir needs your help! Anyone handy with a sewing machine and some time to spare? The RUC Handbell Choir would love your help! We have new foams and tables for our handbells, but the foams need some covers. There are four 6' foams and one 3' foam. No zippers required (phew!) but they will need handles to make them easier to move around. We also need two more green corduroy covers for Sundays when we play in church - one 6' and one 3'. Any expert advice will be welcome (we can ring but we can't sew!). All materials will be supplied. Please contact Fiona at foddle@shaw.ca or call her at 780.430.7963.

Lay leaders needed Lay leaders in worship are the people who lead some parts of the service and read the Scriptures for the morning. Would you like to do this? No experience is necessary! You'll receive the readings before Sunday. Please sign up in the Narthex and thank you for serving your church in this way.

Invitation Initiative Would you like to be part of a minister's task team to explore how the church can be more invitational to the community? How do we let people know there is a church who welcomes all, no matter what? Please let Valerie know if you are interested in this short-term project.

Edmonton Food Bank bins are in the narthex. The most needed list includes these non-perishable items: canned fish or meat, baby formula, diapers, peanut butter, healthy school snacks, soup, canned fruit or vegetables, pasta and sauce, hot and cold cereal, beans without pork. Thank you for sharing!

Come Hear From Your Candidates on Monday, September 29th at 7:00p.m. at the Terwillegar Community Church, 1751 Towne Centre Blvd.