



September 5 to 14, 2025

Friday September 5		
Saturday September 6	10:00 a.m.	Ghana Methodist Church (Sanctuary)
Sunday September 7	10:30 a.m. 12:30 p.m. 3:00 p.m.	RUC Worship (RUC Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday September 8	6:30 p.m. 7:00 p.m.	RUC Handbell Choir set-up (Sanctuary) Karate class (Lower level hall)
Tuesday September 9	11:00 a.m. 2:00 p.m. 2:00 p.m. 6:30 p.m. 7:00 p.m.	Transitions Group (Gathering area) Reflective Crafting (Chapel) E2 Academy (Kitchen) All Points West Choir (Sanctuary) RUC Official Board Meeting (Boardroom)
Wednesday September 10	10:00 a.m. 11:00 a.m. 6:00 p.m.	Walkers & Talkers (Gathering area) Restorative Yoga (Lower level hall) Zumba class (Lower level hall)
Thursday September 11	7:30 p.m.	RUC Choir Rehearsal (Sanctuary)
Friday September 12	11:00 a.m. 12:00 noon	Care Coordinator (Boardroom) Private rental (Kitchen)
Saturday September 13	10:00 a.m. 12:00 noon	Ghana Methodist Church (Sanctuary) Private rental (Kitchen)
Sunday September 14	10:30 a.m. 12:00 noon 12:30 p.m. 3:00 p.m.	RUC Worship (RUC Sanctuary) Private rental (Kitchen) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

Riverbend United Church
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Have questions
about
the church?
Look for people
with the red
“Ask Me”
stickers on their
Name tags.

Riverbend United Church ~ News & events

Riverbend United Yoga classes Join us for **Restorative Yoga** lead by Susan Brooks on Wednesday mornings from 11:00 a.m. to 12:00 noon. This 14-week class starts on **September 10th** and runs until December 10th. Fee is \$140.00, call the office at 780.430.7275 to register.

Welcome Back Sunday Next Sunday, September 14, we will have a lovely fresh flower arrangement created by Margo Gaine. There will be no lilies in it. We're grateful to Margo for this Welcome Back Sunday gift.

Young Family Event September 28 Calling all young families! Join us after worship on **September 28** for a gathering of children, youth and adults. We'll share in a simple lunch together, then the children and youth will have activities with Alec and Nathan while the parents meet with Valerie and get to know each other. This event will run 11:45 – 1:15. **RSVP** by September 21! We want to be able to plan appropriately. Call the church office: 780-430-7375 or email valerie@riverbendunited.org

Fall Book Study *Living Buddha, Living Christ* by Thich Nhat Hanh on Sunday mornings at 9:30 a.m. from **October 5** to November 2. Join us for lively discussion using this classic book of wisdom for our springboard. You're welcome to come even if you aren't reading the book. Please sign up in the narthex or email or call the church office to order a book. Cost \$25.00

New Singers Welcome! Anyone interested in joining our RUC choir is warmly invited! Rehearsals are Thursdays at 7:30 p.m. in the Sanctuary. Feel free to drop in!

Robertson-Wesley United Church: New To You Clothing Sale Mark your calendars! Our "New To You Clothing Sale" is happening on Saturday, **September 6th**. We are now accepting dona-

tions of gently used clothing, shoes, jewelry, and other accessories for all ages. We're especially in need of jewelry and children's items. Any unsold items will be donated to the Bissell Centre. Thank you so much for your help!

YET (Youth Empowered Together) invites all queer and allied youth to "*Monday hangouts for Youth*" at Spirit of Hope United Church (7909 Whyte Avenue NW) on Monday, **September 8** from 4:00 to 8:00 p.m. All queer and allied youth are invited to this free, sensory-friendly, and fun event! Enjoy food, games, an open gym, crafts, Wi-Fi, and meet new friends in a welcoming space.

Jazz and Reflections Spirit of Hope United Church (7909 82 Avenue NW, Edmonton) is pleased to offer another season of music this fall on:

- **September 14 & 28**
- **October 5, 19, & 26**

from 3:30 p.m. to 5:00 p.m. Join them for an afternoon of music and reflection in a relaxed and welcoming setting. There is no charge to attend, and all are welcome. Admission is by donation, with refreshments served following the program. Come and enjoy the beauty of jazz, the gift of community, and the chance to pause and reflect.

