




October 24 to November 2, 2025

Friday October 24	9:00 a.m.	Made by Maud (Kitchen)
Saturday October 25	10:00 a.m. 10:00 a.m. 2:00 p.m.	Men's Discussion Group (Chapel) Ghana Methodist Church (Sanctuary) Private rental (Hall & kitchen)
Sunday October 26	9:30 a.m. 9:30 a.m. 10:30 a.m. 12:30 p.m. 3:00 p.m. 3:00 p.m. 7:00 p.m.	Care Team meeting (Boardroom) RUC Book Study (Chapel) RUC Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom) Marvelous Music rehearsal (Sanctuary) RUC Youth (Lower level hall)
Monday October 27	6:00 p.m. 6:30 p.m.	Karate Class (Lower level hall) Handbell Choir Rehearsal (Sanctuary)
Tuesday October 28	11:00 a.m. 2:00 p.m. 2:00 p.m. 5:00 p.m. 6:30 p.m.	Transitions Group (Gathering area) Reflective Crafting (Chapel) E2 Academy (Kitchen) Elite Dance (Lower level hall) All Points West Choir Rehearsal (Sanctuary)
Wednesday October 29	10:00 a.m. 11:00 a.m. 5:00 p.m.	Walkers & Talkers (Gathering area) Restorative Yoga (Lower level hall) Elite Dance (Lower level hall)
Thursday October 30	5:30 p.m. 7:30 p.m.	Wellness Junkies (Lower level hall) RUC Choir Rehearsal (Sanctuary)
Friday October 31	9:00 a.m.	E2 Academy (Lower level hall) 
Saturday November 1	10:00 a.m. 7:30 p.m.	Men's Discussion Group (Chapel) Marvelous Music concert (Sanctuary)
Sunday November 2	9:30 a.m. 10:30 a.m. 12:30 p.m. 3:00 p.m.	RUC Book Study (Chapel) RUC Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

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Have questions about
the church?
Look for people with the red
"Ask Me"
stickers on their Name tags.

Join us for another evening of
Marvelous Music
Featuring pop songs
from the 60's, 70's and beyond!
November | 01 | 2025
7:30 pm
Riverbend United Church
Free admission, donations appreciated

Riverbend United Church ~ News & events

Muffin Sunday Join us following worship on Sunday, **October 26th** for a muffin treat courtesy of the RU in Action team.



Fall behind!! Don't forget that Daylight Savings Time ends on Sunday, **November 2** when clocks are turned back one hour at 2 a.m. This "fall back" to standard time means it will get darker earlier in the evening and later in the morning, with sunrise and sunset each being about one hour earlier than the day before.

Save the Date for Another Evening of Marvelous Music Join us on Saturday **November 1** at 7:30 p.m. for a free concert of Marvelous Music featuring 15 musicians of all ages from RUC. We will be playing favorite pop tunes mostly from the 60s and 70s and feature strings, horns, flutes and a steel pan! We will play songs by Elton John, The Beatles, Chicago, Joni Mitchell, Abba, Fleetwood Mac and many others. As always, the concert is free and no tickets are required, but donations are accepted and much appreciated. Hope to see you there!

Newcomers Welcome Sunday, **November 9**, 11:45 a.m. to 1:00 p.m. New to the church in the last year? Join us for a light lunch and to learn more about the church. You'll also meet other newcomers and some church leaders, and we would love a chance to get to know you better! Please RSVP to Rev. Valerie or call the church office or sign up in the narthex (foyer).

RUC Outreach Committee is offering suggestions for donations to the Food Pantry. For the remainder of October items for making "spaghetti" are suggested including pasta, sauce, canned tomatoes, tomato paste, spices, etc. Be creative! All other food items are still greatly appreciated.

Harvest Feast at Stony Plain United Church Join Stony Plain United Church (5012 – 51 Avenue, Stony Plain) for a feast on Friday, **October 24th** to celebrate Alberta harvests! The meal consists of beef, potatoes, their "famous" beet dish and equally famous rice/sauerkraut casserole, salad, buns and pickles. Don't forget to leave room for dessert! Adults: \$27.00; children 6-11: \$13.00; 5 and under free.

Paint It Purple: A Pumpkin Neighbourhood Party brought to you by the Edmonton Epilepsy Association on Saturday, **October 25th** at St. Andrew's United Church (9915—148 Street NW) from 12:00 p.m. to 4:00 p.m. Featuring family fun, crafts, snacks, EEA gift bag and an opportunity to learn about epilepsy. Tickets \$10 or \$5 for members. For more information or to get your tickets visit edmontonepilepsy.org.

Jazz and Reflections Spirit of Hope United Church (7909 82 Avenue NW, Edmonton) is pleased to offer another season of music this fall on Sunday, **October 26** from 3:30 p.m. to 5:00 p.m. Join them for an afternoon of music and reflection in a relaxed and welcoming setting. There is no charge to attend, and all are welcome. Admission is by donation, with refreshments served following the program. Come and enjoy the beauty of jazz, the gift of community, and the chance to pause and reflect.

Wildland Firefighters The Government of Alberta is recruiting wildland firefighters. Fighting wildfires is a demanding but rewarding experience; protect Alberta's communities and forests by becoming a wildland firefighter. Drop in to see what it's all about at an open house to view equipment and talk to staff on **October 25 and 26**, from 9:00 a.m. to 3:00 p.m. at the Edmonton Forestry Warehouse (10725—120 Avenue NW). More information? alberta.ca/alberta-wildfire-recruitment.