



## May 8 to 18, 2026

Friday May 8	2:00 p.m. to 7:00 p.m.	<b>RUC Garage sale open to public</b>
Saturday May 9	9:00 a.m. to 1:00 p.m.	<b>RUC Garage sale open to public</b>
<b>Mother's Day Sunday May 10</b>	9:30 a.m. 10:30 a.m. 12:30 p.m. 3:00 p.m.	<b>Sunday Morning Contemplation</b> (Chapel) <b>RUC Worship</b> (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday May 11	6:00 p.m. 6:30 p.m.	Karate Class (Lower level hall) <b>Handbell Choir Rehearsal</b> (Sanctuary)
Tuesday May 12	11:00 a.m. 2:00 p.m. 5:00 p.m. 7:00 p.m.	<b>Transition Group</b> (Gathering Area) <b>Reflective Crafting</b> (Lower level hall) Elite Dance (Lower level hall) <b>RUC Official Board Meeting</b> (Boardroom)
Wednesday May 13	9:00 a.m. 10:00 a.m. 11:00 a.m. 2:00 p.m. 5:00 p.m.	<b>Walkers &amp; Talkers: Walking</b> (Offsite) <b>Walkers &amp; Talkers: Coffee</b> (Gathering Area) <b>Yoga Class</b> (Lower level hall) E2 Academy (Kitchen) Elite Dance (Lower level hall)
Thursday May 14	10:00 a.m. 6:00 p.m. 7:30 p.m.	<b>Not Falling for You</b> (Lower level hall) Condo Meeting (Lower level hall) <b>RUC Choir Rehearsal</b> (Sanctuary)
Friday May 15	6:00 p.m. 9:00 p.m.	<b>Marg Crabtree Memorial Set Up</b> (Lower level hall) Ghana Methodist Church (Sanctuary)
Saturday May 16	10:00 a.m. 2:00 p.m. 4:00 p.m. 6:00 p.m.	<b>Men's Discussion Group</b> (Chapel) <b>Memorial Service for Marg Crabtree</b> (Sanctuary) <b>Memorial Service Luncheon</b> (Lower level hall) <b>RUC Youth Event</b> (Lower level hall)
<b>Sunday May 17</b>	9:30 a.m. 10:30 a.m. 12:30 p.m. 3:00 p.m. 7:00 p.m.	<b>Sunday Morning Contemplation (Chapel)</b> <b>RUC Worship</b> (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom) <b>Contemplation Meeting</b> (Chapel)

**Riverbend United Church**  
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Have questions about  
the church?  
Look for people with the red  
"Ask Me"  
stickers on  
their name tags.



**May 7 to 9** - RUC Garage sale

**May 10** - Mother's Day

**May 18** - Victoria Day

**May 24** - Young Families event

# Riverbend United Church - News & Events

**RUC Garage Sale** Come and shop on Friday, **May 8<sup>th</sup>** from 2:00 to 7:00 p.m., and Saturday, **May 9<sup>th</sup>** from 9:00 a.m. to 1:00 p.m. We need help Saturday from 1:00 to 3:00 p.m. to tidy and pack up all left over donations. Please join us!

**Spiritual Book Drive!** The Library Team is planning the RUC library renewal, and the first step is hosting a Spiritual Book drive. If you have spiritual books at home that are collecting dust, please consider leaving them in the bin in our library! Thanks in advance!

**Unfolding Creation - A May Sermon Series** Creation is not finished. It is still unfolding – across the universe, across life, and in us. What might we discover when we look more closely – through both faith and science – at the story of creation?

**Outreach for Mother's Day** RUC will once again be collecting items for Mother's Day. With the rising costs of providing for babies please consider donating diapers, baby wipes, formula, baby food, snacks, pablum, etc. Monetary donations can also be dropped off at the church. Donations will be accepted up to and including Sunday, **May 17**.

**Riverbend United Church Community Garden** Fiona and Steve Bamforth have been looking after the Church Community Garden (raised beds on the east side of the church) since 2019 and would like to pass the hoe and spade on to other gardeners this year. Anyone is welcome to harvest and Riverbend Rocks also receives some of the produce. We have learned what works well and what people like to see (everyone loves carrots, no one likes kale, rabbits aren't fussy). Call or email the office to leave a message for Fiona or Steve.

**Young Families Event** Young families are invited to join us on Sunday, **May 24** directly after church for an afternoon of food, fellowship, and fun. We will begin with a lunch of pizza and juice after the service, followed by swimming at Booster Juice Recreation Centre in Terwillegar (2051 Leger Rd NW, Edmonton). The event will run from after church until approximately 2:30 p.m. Please RSVP by May 22 to help with food ordering and attendance numbers. When RSVPing, please include the number of adults and children attending, as well as any allergies or dietary restrictions. Families can RSVP by signing the RSVP sheet located at the back of the church or emailing the Church office.

**Sunday Morning Contemplation** in the Chapel on **Sunday** mornings from 9:30 to 10:00 a.m. We will spend the first 5 minutes explaining some contemplative practices followed by a 15-minute silent meditation period. In the remaining 10 minutes, we will do an abbreviated Lectio Divina (sacred reading) of one of the scripture readings for the week, with discussion to follow. All are welcome!

**Graduate Sundays, May 17 & 24** Do you have any graduates or family members celebrating a school accomplishment? Perhaps a senior graduating from Grade 12, or a proud student graduating from university or college? Please let the office know so we can acknowledge their success on **May 17 or 24**.

**RUC Video Divina Night!** As a new contemplative practice, we will together practice video divina (or sacred movie watching), which involves listening and seeing heartfully, to receive God's message to us. We will be watching "The Tree of Life," directed by Terrence Malick, starring Brad Pitt, Sean Penn, and Jessica Chastain. It is a deeply moving and spiritual film that explores themes such as love, loss, nature, and grace. We will meet in the Chapel on Sunday, **May 24**, from 6:00 to 9:00 p.m. We will take a break midway through the film for discussion and refreshments. The practice of video divina will be facilitated by inviting participants to notice certain symbols in the film and how God may be speaking to us through those motifs. All are welcome! Note: This meeting will not involve meditation.

**🎵 Thinking About Joining the RUC Choir?** We'd love to have you! Our singers enjoy each other's company and take pride in the music we make together — and there's always room for another voice! We rehearse every **Thursday** from 7:30 to 9:00 p.m., no auditions, no pressure — just good music and good people. Talk to Paula or Sherry if you're interested or would like more information!

**Ladies Walking Group and Coffee Time** Ladies, come for a walk on **Wednesday** mornings at 9:00 a.m. or coffee at 10:00 a.m. For those interested in walking, meet in the church parking lot at 8:50 a.m. We walk for about an hour in the neighbourhood. Or, join us for coffee at 10:00. Bring your own beverage. All ladies are welcome to drop in for this social time. Contact the church office for more information. We look forward to meeting you. - Glynis, Patti, Georgianna & Dorothy