



July 17 - 26, 2026

Friday July 17	9:00 a.m.	Painting (Main level off limits) Whole Berries (Kitchen)
Saturday July 18		Painting (Main level off limits)
Sunday July 19	10:30 a.m. 12:30 p.m.	RUC Worship Service (St. Paul's United) Ghana Methodist Church (Sanctuary)
Monday July 20	9:00 a.m.	Painting (Main level off limits) Nutrition Health Tours (Kitchen & hall)
Tuesday July 21	9:00 a.m.	Painting (Main level off limits) Nutrition Health Tours (Kitchen & hall)
Wednesday July 22	9:00 a.m. 10:00 a.m. 9:00 a.m.	Wednesday Walkers: Walking Wednesday Walkers: Coffee (Gathering area) Nutrition Health Tours (Kitchen & hall)
Thursday July 23	9:00 a.m.	Nutrition Health Tours (Kitchen & hall)
Friday July 24	9:00 a.m.	Nutrition Health Tours (Kitchen & hall)
Saturday July 25	8:00 a.m. 10:30 a.m.	Made by Maud (Kitchen) Ghana Methodist Church Rehearsal (Sanctuary)
Sunday July 26	10:30 a.m. 12:30 p.m. 3:00 p.m.	Sunday Worship (St. Paul's United Church) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)



July Worship During the month of July we worship with the people of St. Paul's United Church at 11526 – 76 Avenue NW. Their ministry team will lead us in their church. Maps are available [here](#) or in the Narthex. We worship there until July 26th and return to Riverbend United Church on August 2nd, with the people of St. Paul's and our ministry team leading us.

Property & Maintenance update The summer months are one of the few times when our Facilities Manager, Don Trenn, can schedule required maintenance such as floor stripping and waxing, and painting. This week painting throughout the entire main floor of the Church continues. Please be in touch with your group to confirm if they are still meeting and where. Most of the church will be available later this week.

Edmonton Pride Parade The Northern Spirit Affirm Committee is hosting an entry in the Edmonton Pride Parade and inviting Affirming congregations and ministries, and all United Church members and friends who are interested, to walk together. Every participant needs to be registered. The church office can register everyone or people can register themselves. Wristbands will be provided to registered walkers on Parade day (August 22nd) at the line up location. There are only 100 spots available!! Parade starts at 1pm (line up begins at 11:30.) We encourage members to bring signs and dress for the weather (rain or shine), bring sunscreen and water! Register at: [NS Affirm Parade Registration Link](#)

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