



August 28 to September 7, 2026

Friday August 28	9:00 a.m.	Wholesome Berries (Kitchen)
Saturday August 29	10:30 a.m.	Ghana Methodist Church Rehearsal (Sanctuary)
Sunday August 30	10:30 a.m. 12:30 p.m. 3:00 p.m.	Sunday Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Ghana Methodist Church picnic (outside) Al-Anon Family Group (Boardroom)
Monday August 31		
Tuesday September 1	11:00 a.m. 2:00 p.m. 6:00 p.m. 6:30 p.m.	Transitions Group (Gathering area) Reflective Crafting (Chapel) Library Team (Library) All Points West Choir (Sanctuary)
Wednesday September 2	9:00 a.m. 10:00 a.m.	Walkers & Talkers: Walking Walkers & Talkers: Coffee (Gathering area)
Thursday September 3		
Friday September 4		
Saturday September 5	10:00 a.m. 10:30 a.m.	Private rental (Kitchen & Hall) Ghana Methodist Church Rehearsal (Sanctuary)
Sunday September 6	10:30 a.m. 12:30 p.m. 3:00 p.m.	Sunday Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday September 7		Labour Day - building and office closed

Riverbend United Church
14907 — 45 Avenue NW
Edmonton, Alberta
T6H 5K8

Email:
contactus@riverbendunited.org

Website: www.riverbendunited.org

Facebook:
www.facebook.com/riverbendunited



Instagram:
@riverbendunitedchurch



SAVE THE DATE

FREE
Community
Connect
picnic



Sunday, September 27
12:00 noon to 4:00 p.m.

Ramsey Park

- come for hot dogs, snacks, bouncy castle & games
- all are welcome!
- RUC volunteers needed

Riverbend United Church - News & Events

Summer Worship We are blessed with wonderful worship leadership into early September. Rev. Dr. Catherine MacLean will lead us on August 30th and September 6th. Rev. Valerie will lead us in worship on Sunday, September 13th.

Rev. Valerie continues her Leave of Absence returning on **September 8th**. If you are in need of Pastoral Care please contact the office and we will put you in touch with one of the United Church ministers who are covering for Valerie this summer. Quality worship has been arranged by the Spiritual Formation Committee, who have secured a great line-up of worship leaders.

Front Pew Newsletter submissions Contributors are welcome and encouraged! The purpose of the quarterly Front Pew is to share the life and work of Riverbend United Church. We love to highlight stories from members of the congregation, do you enjoy a hobby, have you attained a milestone in your life, or you are involved in a community project that you would like to share? The next deadline is Friday, **September 4th**. Submissions can be sent to contactus@riverbendunited.org. We would love to hear from you!

Not Falling for You classes start again on Thursday, **September 10th**. This year we will be offering 2 classes on Thursdays, register for either the 10:00 a.m. or 1:00 p.m. class. Please call the office at 780.430.7275 to register as the classes are also being offered to the broader community and may fill up quickly.

RUC Care Team The Care Team warmly welcomes you to join us for another conversation café. Join us on Sunday, **September 13th** following worship for a Welcome Back Café in the Chapel. Come and enjoy coffee, conversation and fellowship as we share our summer adventures. Take the time to reconnect and catch up with friends as we welcome one another back. All are welcome, we hope to see you there.

Fall yoga classes We are pleased to offer another session of Movement for Longevity (Rouleau) classes beginning Wednesday, **September 16** from 11:00 a.m. to 12:00 noon. The focus is building stability, strength and mobility through yoga poses and a variety of challenges. It's also an opportunity to build a better connection and understanding of your body. The classes will run until December 9 except for October 14th and November 11th. Please call the office at 780.430.7275 to register, the \$120.00 fee can be paid by cheque or by e-transfer. Please mention your payment is for the yoga class and note that registration fills up quickly.



Community Connect picnic Mark your calendars and save Sunday, **September 27th** for a fun FREE family and community event. Join us in Ramsey Park from 12:00 noon to 4:00 p.m. for hot dogs (including vegan & halal), snacks, juice and water and a whole bunch of entertainment. Join the 3-legged race, participate in the potato sack contest or watch children enjoying the bouncy castle, face painting and balloon making. Join us and meet your neighbours. Many volunteers are needed to help make this a terrific success - please see the sign-up sheets in the narthex next Sunday, **September 6th**.

Introduction to the Alberta referendum and United Church responses, Wednesday **September 2**, 6:30 to 8:00 p.m., followed by a 30-minute coffee conversation, all online. Join Northern Spirit and Chinook Winds Regional Councils for a Zoom community conversation and learning space on the October 19, 2026 Alberta referendum. We will: learn about the origins of the referendum; explore the ten questions and their implications; look at Northern Spirit Regional Council's position and why it was taken; have a look at resources and learning spaces; and share in questions and conversation. Everyone is welcome. [Please register at this link.](#)

Jazz & Reflections Join Spirit of Hope United Church (7909 - 82 Avenue NW, Edmonton) on Sunday afternoons from 3:30 to 5:00 p.m. for a afternoon of great jazz, reflection and community. This fall's concerts feature the Aretha Tillotson Quartet on **September 13**, the Don Berner Quartet on September 20, the PJ Perry Quintet on October 4, the Alex Moxon Quartet on October 18, and the Shelley Jones Quartet on October 25. Admission is by donation at the door, and refreshments will be served.

United Church Women Fall Rally Join St. Albert United Church (20 Green Grove Dr, St. Albert) on Saturday, **September 12** when it hosts the 2026 UCW Fall Rally. Theme: *Hope in our Changing World*; Speaker is Rev. Chelsea Masterman. Registration from 9:30 to 10:00 a.m. is \$10.00, sessions run until 4:00 p.m. Please bring your own lunch.