



September 18 to 27, 2026

Friday September 18	7:00 p.m.	RUC Youth event (Lower level hall)
Saturday September 19	10:00 a.m. 10:30 a.m.	Men's Discussion Group (Chapel) Ghana Methodist Church Rehearsal (Sanctuary)
Sunday September 20	9:30 a.m. 10:30 a.m. 12:30 p.m. 3:00 p.m.	RUC Care Team meeting (Chapel) Sunday Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)
Monday September 21	6:00 p.m.	Karate class (Lower level hall)
Tuesday September 22	11:00 a.m. 2:00 p.m. 5:00 p.m. 6:30 p.m.	Transitions Group (Gathering area) Reflective Crafting (Chapel) Elite Dance (Lower level hall) All Points West Choir (Sanctuary)
Wednesday September 23	9:00 a.m. 10:00 a.m. 11:00 a.m. 2:00 p.m. 5:00 p.m.	Walkers & Talkers: Walking Walkers & Talkers: Coffee (Gathering area) Yoga class (Lower level hall) E2 Academy Cooking Class (Kitchen) Elite Dance (Lower level hall)
Thursday September 24	10:00 a.m. 11:00 a.m. 1:00 p.m. 7:30 p.m.	Not Falling for You (Lower level hall) Devonshire (Offsite) Not Falling for You (Lower level hall) RUC Choir Rehearsal (Sanctuary)
Friday September 25	9:00 a.m. 6:30 p.m.	Private Rental (Kitchen) All Points West Choir (Sanctuary)
Saturday September 26	9:00 a.m. 9:00 a.m. 10:00 a.m. 5:00 p.m.	Private Rental (Kitchen) Cantlon Workshop (Sanctuary & Gathering Area) Men's Discussion Group (Chapel) Ensemble rehearsal (Sanctuary)
Sunday September 27	10:30 a.m. 12:00 p.m. 12:30 p.m. 3:00 p.m.	Sunday Worship (Sanctuary) Community Connect Picnic (James Ramsey Park) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

Riverbend United Church
14907 — 45 Avenue NW
Edmonton, Alberta
T6H 5K8

Email:
contactus@riverbendunited.org

Website: www.riverbendunited.org

Facebook:
www.facebook.com/riverbendunited

Instagram:
@riverbendunitedchurch





SAVE THE DATE



Sunday, September 27

12:00 noon to 3:00 p.m.

Ramsey Park

- come for hot dogs, snacks, bouncy castle & games
- all are welcome!
- RUC volunteers needed

Riverbend United Church - News & Events

Fall edition of The Front Pew - our quarterly newsletter, is available online [here](#). A few printed copies are also available in the Narthex.

WORLD RELIGIONS A fall Book Study focused on Comparative Religions of the World will begin on Sunday, **October 4th** at 9:30 a.m. From the ancient banks of the Ganges to the hills of Jerusalem and the temples of Kyoto, humanity has been on a 4,000-year quest to understand its place in the cosmos. We see the differences in ritual, text, and theology, but what if the most profound story is one of shared wisdom and a common search for truth? This 4-week study will look at the main religions of the world, exploring beliefs, spiritual traditions, sacred texts, practices and theories. Join us to explore these questions. The book *Comparative Religion Summarized* (\$24.00 CAD) is available through the office. Please sign-up on the Book Study sheet in the Narthex if you are interested and would like to purchase the book.

Revitalized Library Grand (re)Opening! The Library Team has been working busily all summer getting the library ready for its grand (re)opening! The Team has refined the book collection, added new and donated books, sorted the books into categories, and created an easy-to-use online catalogue. Join us at the library after Sunday service on **October 4th** for our reopening event. There will be treats, refreshments, and a quick tutorial on how to use the online catalogue. More details coming soon.

Not Falling for You classes started on Thursday, **September 10th**. There are 2 classes on Thursdays, come for either the 10:00 a.m. or 1:00 p.m. class. Please call the office at 780.430.7275 to register.

Fall yoga classes began on Wednesday, **September 16** from 11:00 a.m. to 12:00 noon. Classes will run until December 9 except for October 14th and November 11th. Please call the office at 780.430.7275 to register.

Outreach Committee With school back in the Outreach Committee is looking for Food Pantry donations to support the students. Granola bars, fruit cups, crackers, juice boxes, peanut butter, tuna, cereal, etc. would be appreciated. Also, to start off our winter clothing drive we are supporting the Brander Gardens Rocks initiative to provide warm winter items for those in need. Food or donations can be left in the boxes in the Narthex.

Men's Discussion and Walking Group meets on Saturday mornings at 10:00 a.m. This group has transitioned to more of a discussion group. The optional walk follows the 30-60 minute discussion where topics range widely and may include board games or cards. Meetings are currently scheduled weekly. Interested? Contact the office to join the email list and be notified if dates change.



Community Connect picnic Mark your calendars and save Sunday, **September 27th** for a fun FREE family and community event. Join us in Ramsey Park from 12:00 noon to 3:00 p.m. for hot dogs (including vegan, halal and vegetarian), snacks, juice and water and a whole bunch of entertainment. Join the 3-legged race, participate in the potato sack contest or watch children enjoying the bouncy castle, bubbles and balloon making. Join us and meet your neighbours. Many volunteers are needed to help make this a terrific success - please see the sign-up sheets in the narthex, a short time commitment is all that's needed to make this a tremendous success.

Learn about YouthTREK, a youth retreat for junior-high age students, happening in Camrose, AB from **October 23-25, 2026**. Led by Kevin Trautwein, Northern Spirit Region, this retreat is targeted at junior youth, senior youth are welcome as volunteer leaders. Cost: \$100/person (transportation not included), further subsidies may be available. Additional information or register at:

<https://app.amilia.com/store/en/chinook-pacific-uccan/shop/activities/6986436>

New to You clothing sale at Robertson-Wesley United Church (10209 - 123 Street NW, Edmonton) on Saturday, **September 19**, 9:00 a.m. to 3:00 p.m. in the Memorial Hall. Donate, shop for new styles and save!