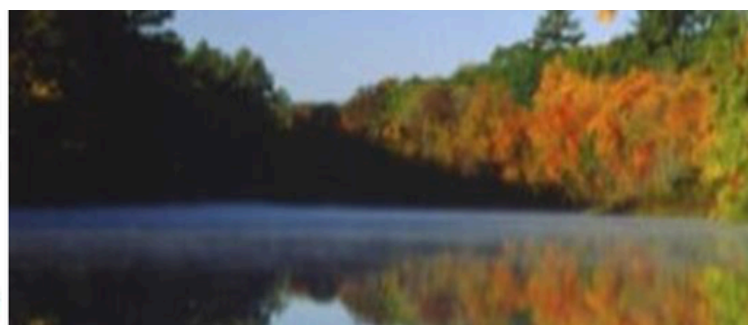




October 23 to November 1, 2026

Friday October 23	7:00 p.m.	RUC Youth event (Youth room)
Saturday October 24	10:00 a.m. 10:30 p.m. 12:00 noon 2:00 p.m.	Men's Discussion Group (Chapel) Ghana Methodist Church (Sanctuary) Turkey Team (Kitchen) Memorial Service for Betty Wilson (Westlawn Funeral Home)
Sunday October 25	9:30 a.m. 10:30 a.m. 12:00 p.m. 12:30 p.m. 3:00 p.m. 5:30 p.m.	World Religions Book Study (Chapel) Sunday Worship (Sanctuary) Turkey Team (Kitchen & lower hall) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom) Fall Feast (Lower hall)
Monday October 26	6:30 p.m. 7:00 p.m. 7:15 p.m.	RUC Handbell Rehearsal (Sanctuary) Spiritual Formation (Chapel) Viva Dance Company (Lower hall)
Tuesday October 27	11:00 a.m. 2:00 p.m. 5:00 p.m. 6:30 p.m.	Transitions Group (Gathering area) Reflective Crafting (Chapel) Elite Dance (Lower hall) All Points West Choir (Sanctuary)
Wednesday October 28	9:00 a.m. 10:00 a.m. 11:00 a.m. 2:30 p.m. 5:00 p.m. 6:30 p.m. 7:00 p.m.	Walkers & Talkers: Walking Walkers & Talkers: Coffee (Gathering area) Yoga (Lower hall) E2 Academy Cooking Class (Kitchen) Elite Dance (Lower hall) All Points West Choir dress rehearsal (Sanctuary) Riverbend Men's Shed (Bowling at WEM)
Thursday October 29	10:00 a.m. 1:00 p.m. 6:00 p.m. 7:30 p.m.	Not Falling for You (Lower hall) Not Falling for You (Lower hall) Condominium AGM (Lower hall) RUC Choir Rehearsal (Sanctuary)
Friday October 30	7:00 p.m.	All Points West concert (Sanctuary, Music Room, Boardroom & Lower hall)
Saturday October 31	10:00 a.m. 10:30 p.m.	Men's Discussion Group (Chapel) Ghana Methodist Church (Sanctuary)
Sunday November 1	10:30 a.m. 12:30 p.m. 3:00 p.m.	Sunday Worship (Sanctuary) Ghana Methodist Church (Sanctuary) Al-Anon Family Group (Boardroom)

Riverbend United Church
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Website: www.riverbendunited.org

Facebook:
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Instagram:
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FALL FEAST
Sunday, October 25
Doors: 5:30 p.m.
Dinner: 6:00 p.m.

All are welcome!

Please register: sign-up in the Narthex, call the office at 780.430.7275 or email contactus@riverbendunited.org

Riverbend United Church - News & Events

Grocery card sales on November 1st and every second Sunday in November. A percentage of card sales is donated back to the Church. This is an easy fundraiser thanks to all the efforts of Doug & Nicola Whitnack. Thank you!

RUC Fall Feast Sunday **October 25th** Doors open at 5:30 p.m., dinner at 6:00 p.m. Join us for a turkey supper with all the trimmings plus an extensive pie buffet. Reserve your seat after church or in the office - \$20.00 per person; \$60.00 family; Children 12 & under free. A volunteer signup is posted in the narthex if you might be keen to bake a pie, roast a turkey, or assist at the dinner. Questions? Contact Christine Ens or Jill Spaner.

Transitions Group Riverbend United Church invites you to join the "Transitions Group" on Tuesday mornings at 11:00 a.m. for friendship and support. The group originally began as a Grief Support Group and has transitioned to offer support for all of life's many changes. Newcomers are always welcome to join for fellowship and conversation. Contact the church office at 780.430.7275 or Rev. Valerie for additional information.

Outreach Committee is looking for Food Pantry donations to support students back at school. Granola bars, fruit cups, crackers, juice boxes, peanut butter, tuna, cereal, etc. would be appreciated. Also, to start off our winter clothing drive we are supporting the Brander Gardens Rocks initiative to provide warm winter items for those in need. Food or donations can be left in the boxes in the Narthex.

Another Evening of Marvelous Music Saturday, **November 7th** at 7:30 p.m. Please reserve the date for a free concert of Marvelous Music! The band features about 15 musicians of all ages from RUC and includes 3 flutes, 2 horns and a steel pan! As always, we will be playing favorite pop tunes from the 50's to today (but mostly from the 70's). We will include songs by: Paul McCartney, Michael Jackson, Bob Marley, Paul Simon, Dolly Parton and many others. As always, the concert is free and no tickets are required, but donations are accepted and much appreciated. Hope to see you and your friends there!

Spirit of Hope United Church is pleased to present Jazz and Reflections this fall. Join us on Sunday afternoons from 3:30 to 5:00 p.m. for live jazz, reflection, and community. The Shelley Jones Quartet is featured on **October 25**. Admission is by donation at the door, and refreshments will be served. Everyone is welcome!



Surviving the Holidays Grief Event on Saturday **November 14**, 2026, 10:00 a.m. to 12:00 noon in the Sunshine Room at Grace United Church (6215 104 Avenue). This is a standalone event designed to help grieving people understand how holidays can exacerbate and trigger grief and offers valuable tools for helping you get through the holidays. Open to everyone, please invite someone you know that might benefit. There will be an introduction, short video and discussion. There will be a free booklet for participants and access to the video online. Contact the Grace United Church office at grace.united@shaw.ca or 780-466-0916. You can also register online at Griefshare [Surviving the Holidays Grief Event](#)

Spill the T join other 2SLGBTQIA+ allies, curious supporters and community members for an evening of conversation and questions. All sessions are from 6:00 to 8:30 p.m. on:

- **November 20th** at Robertson-Wesley United Church (10209 - 123 Street NW) and
 - **December 9th** at Kirk Centre (13535 - 122 Avenue NW)
- Refreshments will be served, ASL interpreters on site.